



ADULT YEARLY RENEWAL PACKET

CONTRACT, OFFICE PROCEDURES and FINANCIAL AGREEMENT

Welcome to Parsons Counseling, LLC (PC, LLC.).

This document contains important information about our services and business policies.

Client Name: _____ Date: _____

Social Security #: _____ Birthdate: _____

CONSENT TO TREATMENT AND CONFIDENTIALITY STATEMENT:

I hereby authorize staff of Parsons Counseling, LLC. to render treatment and/or service to the client listed above. I understand that information or opinions will be given to others only with my written consent.

Relationship: [] self, [] child, [] other (specify).

Signature of Client or Legal Guardian

Print Name

Date

CONFIDENTIALITY: All information disclosed within sessions and the written records pertaining to those sessions are confidential and may not be revealed to anyone without your (client's) written permission, except where disclosure is required by law.

When Disclosure Is Required By Law including, specifically:

- 1. You consent in writing by signing a release of information, or
2. The disclosure is allowed by a court order and/or issued by a judge, or
3. The disclosure is made to medical personnel in a medical emergency, or
4. If you pose a threat of harm to yourself or an identified person, or
5. If you report information indicating that a child, disabled, or elderly person is suffering abuse or neglect.

State Law and Regulation do not protect any information about suspected child abuse or neglect, including spouse abuse. Kentucky law requires that child abuse and neglect be reported. In Kentucky, no one under the age of 16 can legally consent to sexual contact.

Initial here: _____

INTERNS: PC, LLC is working with qualified students to train them for the human services profession. They will maintain client confidentiality and maintain professionalism in the workplace. Interns will schedule appointments, work with clients, assist with intakes, and other office tasks.

Initial here: _____

APPOINTMENTS & TERMINATION: All office appointments are scheduled for 53 minute sessions. Consistency is an important part of the counseling process, the appointment time you schedule is reserved for you and is not available to anyone else. Please arrive on time. If you are unable to keep a scheduled appointment, you must notify PC, LLC. at least 24 hours in advance to avoid the canceled or missed appointment fee of \$30.00. To cancel an appointment, you may choose to leave a message on voicemail, leave a text message at 859-428-7862, or email at appt@parsonscounseling.com. Your compliance in keeping appointments and active participation in treatment is vital.

- ❖ If you have not had an appointment for at least 60 days a letter will be sent to the address on file inviting you to schedule an appointment within 10 days before terminating your chart. If you choose to schedule an appointment and do not show your chart will be terminated.
❖ If you cancel or miss three visits within a 90 day period PC, LLC. reserves the right to terminate your chart immediately & refer you elsewhere.

Initial here: _____



CONTRACT, OFFICE PROCEDURES and FINANCIAL AGREEMENT continued

Appeals and Grievances: If you have a complaint about quality of care please contact the Practice Administrator by email at info@parsonscounseling.com within 30 days of the incident.

Initial here: _____

PAYMENT & INSURANCE REIMBURSEMENT:

- ❖ Clients paying on a cash basis are expected to pay in full at time of service unless other arrangements have been made.
❖ Additional fees of \$100 an hour will be charged for lengthy telephone communications, court attendance, and report/letter writing. Insurance does not cover this.
❖ If your case requires us to hire an attorney to assist or protect our office involving your case you will be responsible for all attorneys' fees
❖ There is a \$30.00 service fee for checks returned for insufficient funds, and the client will be required to pay for future sessions in cash.
❖ I authorize my insurance to be billed for counseling services in attempt to assist in paying for my services.
❖ At any time during treatment should the client become ineligible for insurance coverage, the client and/or responsible party agrees to notify the counselor and will be responsible for 100% of the bill.

Initial here: _____

CONSENT TO TREATMENT AND FEE:

By signing this contract, you agree that if you have not obtained any necessary authorizations from your insurance, or are not eligible at the time services are rendered, you are responsible for payment even if the determination is made after the services are rendered.

I hereby agree to full responsibility for all expenses incurred by or because of this client and hereby assign Parsons Counseling, LLC. and all insurance benefits due to me to the full extent of my financial obligation to Parsons Counseling, LLC.

Initial here: _____

HIPPA Notice of Privacy Practices

Please mark one of the following: I have received a copy of the HIPAA Notice of Privacy Practice (available at the Center or on www.parsonscounseling.com)
I decline to receive a copy of the HIPAA Notice of Privacy Practice

I have read the above Agreement and Office Policies and General Information carefully; I understand them and agree to comply with them; I have been given an opportunity to discuss these policies with a Parsons Counseling, LLC staff person and all questions I raised were answered to my satisfaction.

Signature of Client/Legal Representative Print Name Date

Signature of Parsons Counseling, LLC. Representative Date



Please check all that apply:

Abortion	Gender identity	Overweight
Abuse - emotional	Goals not being met	Panic or anxiety attacks
Abuse - neglect	Grieving, mourning	Parenting
Abuse - sexual	Guilt	Perfectionism
Adoption	Headaches, pains	Pessimism
Aggression	Health, illness	Phobias
Alcohol Use	Hearing voices	Physical problems
Ambition	Helplessness/hopeless	PMS
Anger	Hostility	Poor self-care
Anxiety	Hyperactivity	Pornography use
Arguing	Impulsive spending	Procrastination
Attention problems	Impulsiveness	Relationship problems
Career concerns	Incest	Relaxation
Childhood issues	Indecision	Re-marriage
Children - care of	Inferiority feelings	Risk-taking
Children - custody	Infertility	Sadness
Children - management	Inhibitions	School problems
Choices I've made	Interpersonal conflicts	Self-abuse - burning
Chronic pain	Irresponsibility	Self-abuse - cutting
Codependence	Irritability	Self-abuse - other
Communication	Judgment problems	Self-abuse - scratching
Compulsive spending	Laziness	Self-abuse - pulling hair out
Confusion	Legal matters, charges, suits	Self-centeredness
Constant conflicts	Loneliness	Self-control
Crying	Loss of control	Self-esteem
Deaths	Losses	Self-neglect, poor self-care
Debt	Loss of interest in activities	Separation
Decision making	Loss of interest in sex	Sexual addiction
Dependence	Low energy	Sexual conflicts
Depression	Low frustration tolerance	Sexual desire differences
Distractibility	Low income	Shyness
Divorce, separation	Low mood	Smoking
Domestic violence	Marital conflict	Spirituality
Drug abuse - over the counter	Marital distance	Step-parenting
Drug abuse - prescription	Marital infidelity/affairs	Stress
Drug abuse - street drugs	Medical concerns	Stress-management
Drug abuse - alcohol	Memory problems	Suspiciousness
Education	Menopause	Temper problems
Employment - lack of	Menstrual problems	Tension / stress
Employment - overdoing	Mixed feelings	Thought disorganization
Employment problems	Mood swings	Threats of violence
Employment - termination	Motivation	Tiredness
Emptiness	Mourning	Tobacco use
Exhaustion	Nail-biting	Unhappiness
Failure	Nervousness	Violence
Fatigue, low energy	Nightmares	Violence - victim of crime
Fears, phobia	Obsessions, compulsions	Weight and diet issues
Financial troubles	Outbursts	Withdrawal - isolating
Friendship problems	Oversensitive to criticism	Work problems
Gambling	Oversensitive to rejection	Worry all the time

Initials of Parsons Counseling, LLC Representative: _____ **Date:** _____



MEDICATION RECONCILIATION RECORD for ALL MEDICATIONS

Client Name: _____ **Birthdate:** _____

Date: _____

No Known Allergies OR List Allergies:

Current Medications: *Prescribed medications, herbal supplements, vitamins, over-the-counter drugs, everything that you are taking on a regular basis for any reason.*

Medication Name	Dose and Frequency	Date Started	Date Discontinued	Reason for Taking It	Prescriber (first and last name with specialty)

Initials of Parsons Counseling, LLC. Representative: _____



AUTHORIZATION FOR RELEASE AND EXCHANGE OF MENTAL HEALTH RECORD OR INFORMATION for Adult

Client Name: _____ Date: _____

Date of Birth: _____ Social Security #: _____

I hereby authorize Parsons Counseling, LLC. to use or disclose protected health information from the mental health records of the client listed above, which may include psychiatric diagnosis, treatment plans, and progress (written, verbally or electronically) to the following and initial for my consent:

Primary Care Physician:

Name: _____ Phone: _____

Address: _____ FAX: _____

City: _____ State: _____ Zip: _____

Purpose of Disclosure: Inform physician of therapeutic services and any medical or mental concerns.

***Psychiatrist or Prescribing Doctor of Psychotropic Drugs (if applicable):**

Name: _____ Phone: _____

Address: _____ FAX: _____

City: _____ State: _____ Zip: _____

Purpose of Disclosure: Collaborate and obtain medical information from the physician to assist in meeting any medical, medication, or mental concerns.

Emergency Contact:

Name: _____ Phone: _____

Relationship to client: _____ Address: _____

City: _____ State: _____ Zip: _____

Purpose of Disclosure: In case of a medical emergency and scheduling appointments.

Support person involved in treatment (if desired):

Name: _____ Phone: _____

Relationship to client: _____ Address: _____

City: _____ State: _____ Zip: _____

Purpose of Disclosure: Appointments, progress of treatment goals, concerns, and areas where support person can make improvement to assist client.

DCBS or Agency who has custody of child:

Name: _____ Phone: _____

Address: _____ FAX: _____

City: _____ State: _____ Zip: _____

Purpose of Disclosure: Collaborate with DCBS/agency to report progress & therapeutic goals regarding behavioral or mental health concern to assist in reaching DCBS or agency goals & obtain a copy of most recent Family Prevention Plans/case plans.



AUTHORIZATION FOR RELEASE AND EXCHANGE OF MENTAL HEALTH RECORD OR INFORMATION for Adult

Legal or other:

Name: _____ Phone: _____

Address: _____ FAX: _____

City: _____ State: _____ Zip: _____

Purpose of Disclosure: _____

By signing below, I acknowledge that I have read and understand this Authorization

1. I understand that, unless withdrawn, this authorization will expire in one year from the date of signature. A photocopy of this form will be considered as valid as the original.
2. I understand that I may revoke this authorization at any time by notifying Parsons Counseling, LLC. at the address indicated below, in writing, and this authorization will cease to be effective on the date notified except to the extent action has already been taken in reliance upon it.
3. I understand that information used or disclosed pursuant to this authorization may be subject to redisclosure by the recipient and no longer be protected by Federal privacy regulations.
4. I understand that Parsons Counseling, LLC will NOT give copies of client notes without another release signed indicating such.
5. I understand that I may inspect or copy my mental health records.
6. I understand that I may refuse to sign this authorization and that Parsons Counseling, LLC. will not allow my refusal to interfere with receipt of payment for mental health and counseling services.
7. I understand that I am entitled to receive a copy of this authorization.

Signature of Client/Legal Guardian/Authorized Person

Relationship to Client

Date

Signature of Parsons Counseling, LLC. Representative

Date